

Explorer's Clothing

What do explorers wear while skiing across Antarctica?

- Duffle socks: matted wool inserts that fit in boots to warm their feet.
- Ski boots: oversized to allow for layers of duffle socks.
- Gators: covers the boot and goes up the leg to the knee. It keeps the snow out.
- Long johns: a few layers
- Wind jacket
- Wind pants
- Wool hat with ear flaps
- Ear band
- Ski ear covers
- Heavy gloves
- Glacier goggles: goggles with extra dark lenses to protect the eyes from the sun.

What do explorers wear while they are sailing on the ice?

Because they get colder while they are sailing they wear what they wear for skiing and add:

- Mittens: instead of gloves
- Down vest
- Wind clothes
- Extra jacket

What do explorers do when they have to stop for a break?

Because they are not working, they become cold when they stop. They may add a down parka to what they are already wearing.

What do explorers wear inside the tents?

Inside the tent, wind clothes are removed and the following are added:

- Pile (fleece) jacket
- Pile (fleece) pants
- Light gloves: instead of heavy gloves
- One hat: instead of several
- Down booties: instead of boots
- Balaclava: a piece of clothing that covers the whole head and neck with an opening for the face.

They also sit in their sleeping bags to keep warm.