

# Making Good Decisions

Instructions: Think of a situation that could happen this afternoon or this evening in which you must make a decision. Complete questions 1-4 now. Tonight, record your decision on question 5. Tomorrow, evaluate your choice.

1. Identify the problem. \_\_\_\_\_

2. Decide what you want to accomplish. \_\_\_\_\_  
\_\_\_\_\_

3. Analyze your choices and possible results. \_\_\_\_\_

Possible choices:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Possible results:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4. Choose the best alternative. \_\_\_\_\_  
\_\_\_\_\_

5. Tonight, act on your choice. \_\_\_\_\_

**Stop here until tomorrow**

6. Evaluate and accept the results. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_